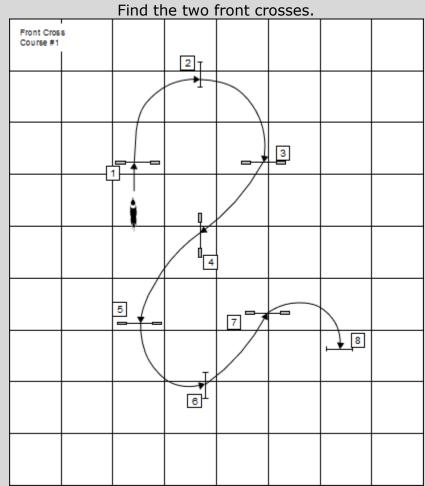
Front Crosses – Where, When and How Course #1

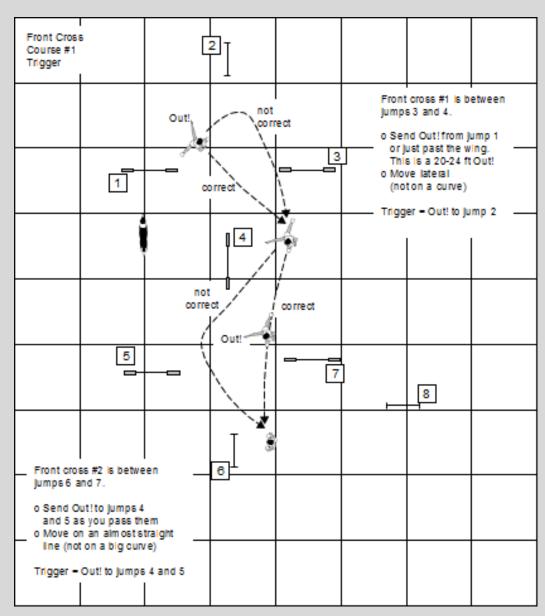
As we've already explored, every front cross has three pieces: trigger, anchor and an execution method. The majority of this class will be to get you comfortable finding all three components for every front cross.

Now that you're a little familiar with the concepts, watch the following video and look through the diagrams for Course #1. The video and course #1 use the same simple jump sequence so we can explore the components a bit more without having to learn a new sequence. For this first course, I have identified the triggers, anchor points and execution methods on the diagrams.

Watch: <u>Demo - Course #1</u>



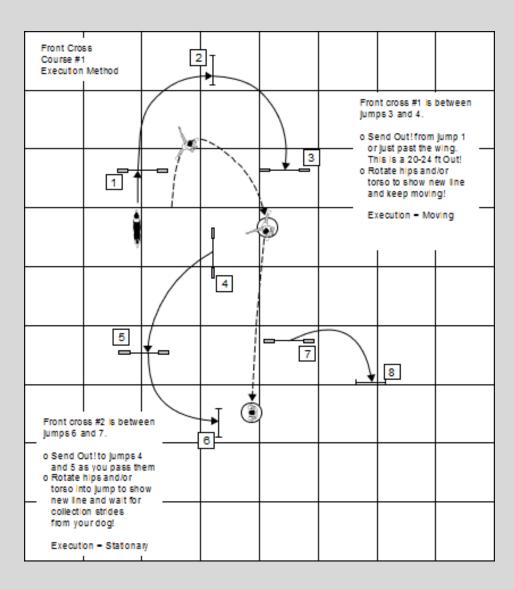
Course #1



Course #1 Select the triggers.

Front Cross Course #1 2 Front cross #1 is between Anchor jumps 3 and 4. o Draw the 'X' from inside to outside comer and then outside to inside o Stand on 'X' and take one 3 big step sideways 5 o At that spot, face direction 1 į your dog is traveling Look at jump 3 to find anchor point for cross <u>(</u> Anchor - left wing / Ò 4 5 - 7 / ₹ 🛛 7 s Front cross #2 is between Jumps6 and 7. ٠ 6 o Draw the 'X' from inside to outside comer and then outside to inside o Stand on 'X' and take one big step sideways o At that spot, face direction your dog is traveling o Look at jump 6 to find anchor point for cross Anchor - right stantion

Course #1 Locate the anchor points.



Course #3 Identify the execution method.